VERABAND

ACTIVITY & SLEEP REPORT

Clinical Trend Report — Objective daytime activity and nighttime sleep trends

984729103

DEVICE	RECORD PERIOD	REQUESTOR	SITE	DATA QUALITY
SAMPLE-001	12 FEB - 12 MAR 2026	DR. ALEX SMITH	SAMPLE SITE	28 / 28 days worn

COMMENTS

Patient demonstrates expected day-to-day human variability (~±1.0h Gaussian noise around nominal trends). Sedentary time exhibits a steady nominal increase of +5 min/day (trending from 7.5h to 9.75h, averaging 8.6h/day), with Active Hours averaging 7.6h/day. Total Sleep Period follows a nominal linear progression (+1%/day, overall mean 7.7h/night) with WASO fragmentation averaging 1.9h/night (~25% of sleep time).

DAYTIME ACTIVITY

ACTIVE HOURS

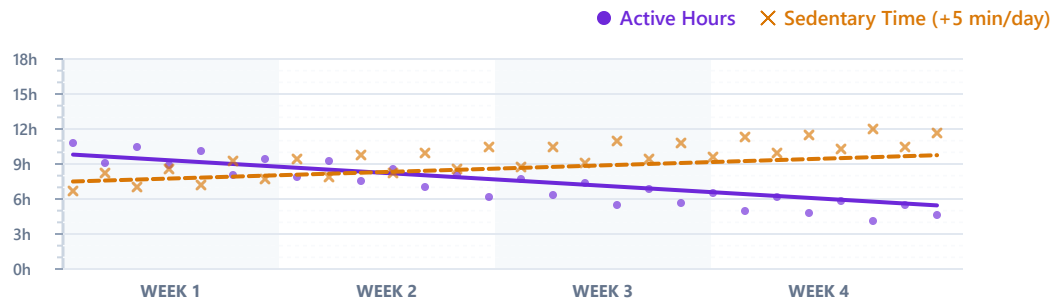
7.6 h/day

-4.35 h nominal change

SEDENTARY HOURS

8.6 h/day

+2.25 h nominal change



SLEEP PERIOD

28-day trends for Total Sleep Time (+1%/day dots) and WASO Portion (Medium Blue Scale)

TOTAL SLEEP

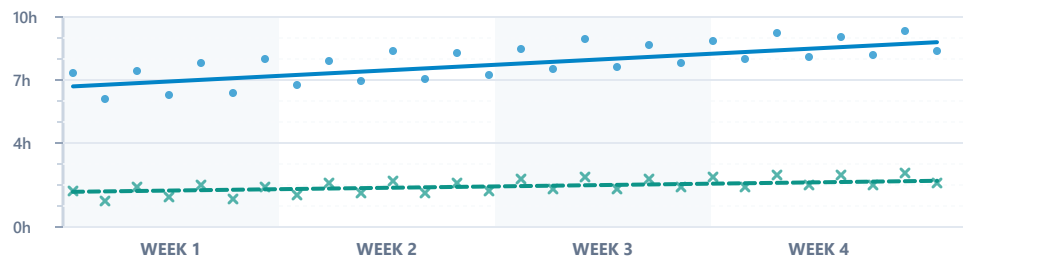
7.7 h/night

+2.1 h nominal change

FRAGMENTATION WASO

1.9 h/night

+0.5 h nominal change



WEEK TO WEEK AGGREGATE

MEASURE	WEEK 1	WEEK 2	WEEK 3	WEEK 4	OVERALL
Days worn	7.0	7.0	7.0	7.0	**28.0**
Active hours (h/day) [Total Awake - Sedentary]	9.2	8.2	7.1	5.9	**7.6**
Inactive/Sedentary hours (h/day) [+5 min/day]	7.8	8.3	8.9	9.4	**8.6**
Total sleep time (h/night) [+1%/day]	7.0	7.5	8.0	8.5	**7.7**
WASO / Fragmentation (h/night) [25% Sleep]	1.7	1.9	2.0	2.1	**1.9**

PROPOSED DRAFT - FOR DESIGN REVIEW ONLY